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**"... I was wearing my brand new red coat and jeans when my ex violated his no contact order and came into the police station ... seeking fear and control, and while I was shaking inside, I looked like a million bucks on the outside. I did not look like poverty, failure or desperation...they're just clothes, but they're also so much more than just clothes sometimes.  
Thank you for all you do at Keeps."**

*- Gatehouse Member*

This month you'll learn more about what happens at Keeps Boutique, and the quote above says it all - that what we look like on the outside helps build confidence on the inside. At The Gatehouse, Members are empowered to heal inside and out.

Even our HandUp Luncheon focused on, "leading with your head, heart and hands," as the full house sat mesmerized by Pepsico's CEO Indra Nooyi. Many thanks to those who participated. If you missed out, the lesson is: register early next year. As soon as we have the date, we'll let you know.

With the extraordinarily tough ups and downs that our 187 people (the number served today) experience due to past complex trauma, they are only empowered when the 600 volunteer shifts posted monthly are filled, when you utilize your brainpower as you offer in-kind services, and when you re-gift some of the financial gifts God has given you.

Thankful for offering your head, heart and hands..for the benefit of The Gatehouse women and children.

May you feel gratitude from all of us,  
*On behalf of The Gatehouse Team*



Lisa Rose  
President

UPDATES & OPPORTUNITIES

## 2018 HandUp for Success luncheon helps provide resources for 85 Gatehouse families

What an incredible event, thanks to the nearly 600 of you who participated in this year's luncheon and our panel of speakers, PepsiCo Chairman and CEO **Indra Nooyi**, AT&T Chairman and CEO **Randall Stephenson** and former Federal Reserve Bank of Dallas President and CEO **Richard Fisher**.

There's more good news...because the event was underwritten by the Rowling Foundation, 96 percent of funds raised will go directly to supporting Gatehouse families.



MARCH 29, 2018 | OMNI MANDALAY IN LAS COLINAS

Interested in partnering or sponsoring a future event?  
Contact [wade.parker@gatehousegrapevine.com](mailto:wade.parker@gatehousegrapevine.com) or 817-912-0317 ext. 108

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## Volunteers honored at volunteer appreciation luncheon

Gatehouse volunteers, directly impact the lives of The Gatehouse families. With over 600 volunteer shifts posted per month, our volunteers help in virtually every area at The Gatehouse, from office administrative work to setting up apartments and tutoring children. Every shift touches the lives of Gatehouse families and plays an important part in achieving our mission.

“My heart is empty without time spent serving others. It fills me with joy and love overflows when I serve others.”

Gatehouse Volunteer

Thank you to all of our volunteers for sharing your time, talents and love with our members and staff.

Click [here](#) to learn more about volunteering at The Gatehouse.



*Volunteer notes about why they serve from the April 21 Volunteer Appreciation luncheon.*

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## Premier Academy set to open June 4

With finishing touches happening on Premier Academy Grapevine, Gatehouse and community children will soon be attending our early learning Academy. The Academy is set to open June 4 and will offer a variety of summer activities and programs for kids of all ages.

*Interested in sending your kids to Premier Academy? Email [trophyclub@premieracademy.com](mailto:trophyclub@premieracademy.com) for more information and application details.*



top left: View from Stone Myers Parkway  
 top center: Fixtures have arrived and are ready to install  
 top right: Hallway from front door to gym  
 center left: 3 year olds' classroom  
 center right: Gym  
 bottom: Front entrance

## LEARN ABOUT OUR PROGRAM

*Each month one element of the Gatehouse Independent Life Program will be highlighted.*

*You'll learn more about the needs that traditionally hold women back from breaking free from crisis situations: safe housing, food, clothing, transportation, legal aid, career guidance, childcare, financial literacy, counseling and life skills training.*

### ILP highlight: CLOTHING

A few days after moving in, a new Member arrives for her first appointment at Keeps Boutique, the Gatehouse's clothing store for Members and their children.

Filled with apprehension, she is greeted warmly at the door of the Boutique by Emily Avedikian, Keeps Boutique Manager.

Emily gently guides her through the rack of new clothing in her size, selected specifically for her based on her wardrobe needs. By the end of the appointment, the new Member feels at ease and is excited about the items she has selected to begin building a wardrobe for her new personal and professional life.

Understanding clothing is an important part of building self-esteem, Emily and her team of volunteers recognize that each time they help a Member or child with their wardrobe needs, it is more than just a shopping experience. It



is an experience in building a new life and look from the outside in.

## How you can help:

- **Volunteer.** Help receive stock and inventory, organize the floor or assist with personal shopping appointments. Learn more about becoming a volunteer [here](#) or email Emily for more information: [emily.avedikian@gatehousegrapevine.com](mailto:emily.avedikian@gatehousegrapevine.com)
- **Give.** New clothing with tags, including plus sizes and children's clothing. Drop off donations at The Gatehouse between 9 am and 5 pm, Monday through Friday.

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GET INVOLVED TODAY

## Want to make an immediate impact?

### Top needs this month:

Drop off donations from 9am-5pm Mon through Fri or give [here](#).

### General Store food and supplies

- Fresh fruits and vegetables
- Gluten-free foods
- Diapers size 2, 4 and 6
- Children's Tylenol
- Adult/child shampoo
- Liquid laundry detergent



### Apartment Set Up

- Office chairs for Members
- Kids room décor (baby, child and teen)
- New matching bathroom towel sets in beige, brown or ivory

### Top volunteer needs this month:

Sign up on [VolunteerHub](#) or apply to become a volunteer [here](#).

- **Student Enrichment Program:** help with weekly Student Enrichment activities
- **Transportation:** help take children to after-school activities or drive Members to appointments or interviews
- **Cheer team:** buy or bake treats for members for birthdays and milestones
- **God Squad:** help set up apartments for new members

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SPECIAL THANKS

Thanks to new, continuing partners

Accent on You Cosmetic Surgery Center & Medi-Spa // Aldrich Custom Apparel // Ann Taylor Loft // BNSF Railway Company // LaVonne Bradford // Carri Chatfield // Clarus Glassboards // Corinthian Wellness Spa // Dave & Buster's, Inc. // Dear Hannah // Del Frisco's Restaurant Group // EPI // The Expo Group // Fort Worth Invitational // Frank Underground // Historymaker Homes // Rena & Howard Frost // The Gatehouse Fine Jewelers // Grand Spa // Betsy Hayes // Hula Hoops // Jordan Taylor & Co. Inc // Leslie Purdy Glass by Design // Jerri and Mike Logan // Main Event // Market in Highland Park // Out of the Garden // The Rowling Foundation // Mary Sanderson // Sendero Consulting // Sephora // Southlake PEO // Steinbrecher & Associates, Inc. // Cindy and Kelye Stites // Talbots // TBN // University of Chicago Alumni // Vaquero Club // Vaquero Women's Bible Study

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## Childcare Academy Capital Campaign supporters

Elaine Agather // Judy & Paul Andrews // Paul E. Andrews, Jr. Foundation // Ash Grove Cement Company // Dan & Krista Borgen // William and Catherine Bryce Memorial Trust // Katherine C. Carmody Charitable Trust // Amon G. Carter Foundation // Charley's Concrete // Ron Chase // G96 Men // John & Nancy Fegan // Mark Fisher // Gradus // Hubbard Family Foundation // John & Marsha Kleinheinz // Jim & Barbara Lentz // The J.E. & L.E. Mabee Foundation // Judi McQueary // The Miles Foundation // Clifton H. Morris & Sheridan C. Morris Foundation // The Morris Foundation // Paticum Foundation // Patricia & Randall Ptasznik // R4 Foundation // The Rees-Jones Foundation // Michaela & Bryce Ruiz // The Thomas M., Helen McKee & John P. Ryan Foundation // Alden Sandler // Christine & Jim Snead // Tabletops Southlake



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CONNECT



MATCH



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[www.gatehousegrapevine.com](http://www.gatehousegrapevine.com)



*The Gatehouse is a supportive living community, located on 61 acres in the D/FW Metroplex, where women and children in crisis receive ample time, safe refuge, practical resources and healthy relationships to break cycles of abuse and poverty and discover new paths for permanent change.*